



**European Society  
of Hypertension  
Working Group on obesity,  
Diabetes and the High Risk Patients  
Satellite symposium  
and consensus meeting**

**6-7** June, 2014

**Electra Palace Hotel  
Thessaloniki - Greece**

**PRELIMINARY  
PROGRAM**

## Friday June 6, 2014

9:00-11:00

### Round Table: Internal Medicine Society of Northern Greece

Facing the challenges of Hypertension treatment in high risk patients

Chairpersons: **Hatzitolios A. I.**, **Savopoulos C. G.**  
(Thessaloniki, Greece)

1. Poorly controlled diabetes mellitus and diabetic foot  
**Papanas N.** (Alexandroupoli, Greece)
2. Stroke and dementia  
**Makaritsis K.** (Larisa, Greece)
3. Continued importance of  $\beta$ -adrenergic blockers and centrally acting in the management of hypertension  
**Fotiadis S. D.** (Thessaloniki, Greece)
4. Chronotherapy of Hypertension  
**Apostolopoulou M.** (Thessaloniki, Greece)

11:00-11:30

### Coffee Break

11:30-13:00

### Obesity and the high risk patient

Chairpersons: **Douma S.**, **Kotsis V.** (Thessaloniki, Greece)

1. Obesity and hypertension. Mechanisms and beyond  
**Kotsis V.** (Thessaloniki, Greece)
2. Low in fat versus low in carbohydrate diets for obesity treatment  
**Papadopoulou S.** (Thessaloniki, Greece)
3. Nutrition, behaviour change, exercise and stroke  
**Milionis H.** (Ioannina, Greece)
4. Cardiovascular risks and benefits of weight loss drugs  
**Finer N.** (London, UK)

13:00-14:00

### Lecture

Chairperson: **Kotsis V.** (Thessaloniki, Greece)

Anti-Vegf cancer treatment. Is hypertension bad news and should be treated?

**Karavasilis V.** (Thessaloniki, Greece)

14:00-14:30

### Lunch Break

14:30-15:30

### The role of primary care in prevention of disease in the high risk patient

Chairperson: **Simeonidis A.** (Thessaloniki, Greece)

1. Handling hypertension in the community

**Tsimtsiou Z.** (Thessaloniki, Greece)

2. Handling diabetes in the community

**Karanasios D.** (Thessaloniki, Greece)

3. Handling dyslipidemia in the everyday clinical praxis

**Chatzis C.** (Thessaloniki, Greece)

15:30-17:00

### WG New investigators meeting

Chairperson: **Karagiannis A.,**

**Vasiliadis T.** (Thessaloniki, Greece)

1. Thiazide diuretics or thalidone in uncontrolled hypertension

**Kotronis G.** (Thessaloniki, Greece)

2. Nebivolol or telmisartan in central aortic BP and arterial stiffness

**Papakatsika S.** (Thessaloniki, Greece)

3. Home or ambulatory blood pressure monitoring to predict early vascular ageing

**Antza X.** (Thessaloniki, Greece)

4. Impact of general and central adiposity on ventricular-arterial aging in women and men

**Wohlfahrt P.** (Prague, Czech Republic)

5. Inclusion of albumin/creatinine ratio in the continuous metabolic syndrome score identified two principal components and their genetic basis: a genome-wide association study

**Krajcoviechova A.** (Prague, Czech Republic)

6. Associations between blood pressure, antihypertensive treatment and acute ischemic stroke severity and short- and long-term outcome

**Bouziana S.** (Thessaloniki, Greece)

7. 24h ambulatory central blood pressure and pulse wave velocity monitoring. Application into everyday clinical practice

**Lazaridis A.** (Thessaloniki, Greece)

17:00-19:00

### Special conditions and the high risk patient

Chairpersons: **Krassas G.**,  
**Goulis D.** (Thessaloniki, Greece)

1. Hypertension in pregnancy  
**Kaprara A.** (Veroia, Greece)
2. Diabetes in pregnancy  
**Poulakos P.** (Thessaloniki, Greece)
3. Hypertension in thyroid dysfunction  
**Karras S.** (Thessaloniki, Greece)
4. Hypertension in endocrine disease  
**Tsametis C.** (Thessaloniki, Greece)

19:00-20:00

### PRESIDENTIAL LECTURE

Chairperson: **Kotsis V.** (Thessaloniki, Greece)  
Natriuretic peptides - new players in cardiometabolic disease

**Jordan J.** (Hannover, Germany)

20:00-21:00

### Satellite Lecture (sponsored by Novartis Pharmaceuticals)

"25 years Patient Centric Innovation in Hypertension"  
"From Monotherapy to Triple Combination"  
**Kotsis V.** (Thessaloniki, Greece)

Saturday June 7, 2014

09:00-11:30

### Diabetes and the high risk patient

Chairpersons: **Tsapas A.**,  
**Didagelos T.** (Thessaloniki, Greece)

1. Diabetic dyslipidemia  
**Trakateli X.** (Thessaloniki, Greece)
2. Glucose control in acute events  
**Mikoudi K.** (Thessaloniki, Greece)
3. Diabetic cardiovascular autonomic neuropathy  
**Didagelos T.** (Thessaloniki, Greece)
4. Self-reported non-severe hypoglycaemia in insulin treated patients - its impact on personal wellbeing and healthcare resources in European countries  
**Weitgasser R.** (Salzburg, Austria)
5. Actions of GLP-1 receptor agonists and DPP4 inhibitors for the treatment of pancreatic  $\beta$ -cell impairments in type 2 diabetes  
**Dalle S.** (Montpellier, France)
6. Management of hyperglycemia in Type 2 Diabetes: A patient-centered approach  
**Tsapas A.** (Thessaloniki, Greece)

11:30-12:00

### Coffee Break

12:00-14:00

### Atherosclerosis, dyslipidemia and the high risk patient

Chairpersons: **Ganotakis M.** (Crete, Greece),  
**Dalekos G.** (Larisa, Greece)

1. Guidelines and current best practice in the treatment of dyslipidemias  
**Athyros V.** (Thessaloniki, Greece)

2. Hypolipidemic drugs: present and future  
**Liberopoulos E.** (Ioannina, Greece)
3. Combinations of lipid lowering drugs: new evidence  
and when to use in every day clinical practice  
**Kotsis V.** (Thessaloniki, Greece)
4. Cardiovascular mortality in patients with severe  
hypertriglyceridaemia  
**Neil A.** (Oxford, UK)
5. Non-alcoholic steatohepatitis as a cardiovascular risk  
factor  
**Mikhailidis D.** (London, UK)
6. Hypertension, overweight and obesity: clinical and  
genetic studies  
**Jelaković B.** (Zagreb, Croatia)

**14:00-15:00**

**Lunch Break**

**15:00-17:00**

**WG members meeting**

- a. WG prepare of consensus paper in the treatment of  
diabetes-induced resistant hypertension
- b. WG prepare of consensus paper in the treatment of  
obesity-induced hypertension

**17:00-20:30**

**Hypertension and the high risk patient**

Chairpersons: **Kotsis V.** (Thessaloniki, Greece),  
**Tselepis A.** (Ioannina, Greece)

1. Importance of ambulatory blood pressure monitoring  
in adolescent hypertension  
**Pall D.** (Debrecen, Hungary)

2. Childhood obesity and hypertension

**Stabouli S.** (Thessaloniki, Greece)

3. Diagnosis and management of resistant hypertension.  
When we should perform renal denervation in  
hypertension management

**Tziomalos K.** (Thessaloniki, Greece)

4. Guidelines of treatment with anticoagulants in chronic  
non valvular atrial fibrillation

**Tselepis A.** (Ioannina, Greece)

5. The role of combination therapy and single pill  
combinations in hypertension. Triple combination in  
hypertension. When?

**Kotsis V.** (Thessaloniki, Greece)

6. The role of multiple drug combination therapy versus  
single pill combinations in type 2 diabetes

**Nilsson P.** (Malmö, Sweden)

STATE OF THE ART LECTURE

Does stratification of total risk help the management of  
hypertensive patients?

**Zancetti A.** (Milan, Italy)

## GENERAL INFORMATION

### Congress Secretariat

PRAXICON

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### Registration

Physicians 100 €

Trainees 50€

Undergraduate Students Complimentary Entrance

Official Congress Website:

<http://www.praxicon.gr/hypertension.html>

### Certificate of Attendance

Certificate of Attendance will be provided upon request at the registration desk at the end of the Symposium, providing the badge.

CME-CPD Credits will be provided by the Pan-Hellenic Medical Association.

### Language

The official language of the Symposium is English.