



**European Society
of Hypertension
Working Group on obesity,
Diabetes and the High Risk Patients
Satellite symposium
and consensus meeting**

6-7 June, 2014

**Electra Palace Hotel
Thessaloniki - Greece**

**PRELIMINARY
PROGRAM**

Friday June 6, 2014

9:00-11:00

Round table: Internal Medicine Society of Northern Greece

Facing the challenges of Hypertension treatment in high risk patients

Chairpersons: **Hatzitolios A. I.**, **Savopoulos C. G.**
(Thessaloniki, Greece)

1. Poorly controlled diabetes mellitus and diabetic foot
Papanas N. (Alexandroupoli, Greece)
2. Stroke and dementia
Makaritsis K. (Larisa, Greece)
3. Continued importance of β -adrenergic blockers and centrally acting in the management of hypertension
Fotiadis S. D. (Thessaloniki, Greece)
4. Chronotherapy of Hypertension
Apostolopoulou M. (Thessaloniki, Greece)

11:00 11:30

Coffee Break

11:30 13:00

Obesity and the high risk patient

Chairpersons: **Douma S.**, **Kotsis V.** (Thessaloniki, Greece)

1. Obesity and hypertension. Mechanisms and beyond
Kotsis V. (Thessaloniki, Greece)
2. Low in fat versus low in carbohydrate diets for obesity treatment
Papadopoulou S. (Thessaloniki, Greece)
3. Nutrition, behaviour change, exercise and stroke
Milionis H. (Ioannina, Greece)
4. Cardiovascular risks and benefits of weight loss drugs
Finer N. (London, UK)

13:00-14:00

Lecture

Chairperson: **Kotsis V.** (Thessaloniki, Greece)
Anti-Vegf cancer treatment. Is hypertension bad news
and should be treated?
Karavasilis V. (Thessaloniki, Greece)

14:00- 14:30

Lunch Break

14:30- 17:00

WG New investigators meeting

Chairperson: **Karagiannis A.** (Thessaloniki, Greece)

1. Thiazide diuretics or thalidone in uncontrolled hypertension
Kotronis G. (Thessaloniki, Greece)
2. Nebivolol or Telmisartan in central aortic BP and arterial stiffnes
Papakatsika S. (Thessaloniki, Greece)
3. Home or ambulatory blood pressure monitoring to predict early vascular ageing
Antza X. (Thessaloniki, Greece)

17:00-19:00

Special conditions and the high risk patient

Chairpersons: **Krassas A.,**
Goulis D. (Thessaloniki, Greece)

1. Hypertension in pregnancy
Kaprara A. (Thessaloniki, Greece)
2. Diabetes in pregnancy
Poulakos P. (Thessaloniki, Greece)
3. Hypertension in thyroid dysfunction
Karras S. (Thessaloniki, Greece)
4. Hypertension in endocrine disease
Tsametis C. (Thessaloniki, Greece)

19:00-20:00

PRESIDENTIAL LECTURE

Chairperson: **Kotsis V.** (Thessaloniki, Greece)
Update on obesity management: Pharmacologic and
Non-pharmacologic Strategies
Jordan J. (Hannover, Germany)

Saturday June 7, 2014

09:00-11:30

Diabetes and the high risk patient

Chairpersons: **Tsapas A.**,
Didagelos T. (Thessaloniki, Greece)

1. Diabetic dyslipidemia
Trakateli X. (Thessaloniki, Greece)
2. Glucose control in acute events
Mikoudi P. (Thessaloniki, Greece)
3. Diabetic cardiovascular autonomic neuropathy
Didagelos T. (Thessaloniki, Greece)
4. Self-reported non-severe hypoglycaemia in insulin treated patients - its impact on personal wellbeing and healthcare resources in European countries
Weitgasser R. (Salzburg, Austria)
5. Actions of GLP-1 receptor agonists and DPP4 inhibitors for the treatment of pancreatic β -cell impairments in type 2 diabetes
Dalle S. (Paris, France)
6. Management of hyperglycemia in Type 2 Diabetes: A patient-centered approach
Tsapas A. (Thessaloniki, Greece)

11:30-12:00

Coffee Break

12:00-14:00

Atherosclerosis, dyslipidemia and the high risk patient

Chairpersons: **Ganotakis M.** (Crete, Greece),
Dalekos G. (Larisa, Greece)

1. Guidelines and current best practice in the treatment of dyslipidemias
Athyros V. (Thessaloniki, Greece)

2. Hypolipidemic drugs: presence and future
Limberopoulos V. (Ioannina, Greece)
3. Combinations of lipid lowering drugs: new evidence
and when to use in every day clinical practice
Kotsis V. (Thessaloniki, Greece)
4. Cardiovascular mortality in patients with severe
hypertriglyceridaemia
Neil A. (Oxford, UK)
5. Non-alcoholic steatohepatitis as a cardiovascular risk
factor
Mikhailidis D. (London, UK)
6. Hypertension, overweight and obesity: clinical and
genetic studies
Jelaković B. (Zagreb, Croatia)

14:00- 15:00

Lunch Break

15:00- 17:00

WG members meeting

- a. WG prepare of consensus paper in the treatment of
diabetes-induced resistant hypertension
- b. WG prepare of consensus paper in the treatment of
obesity-induced hypertension

17:00-20:30

Hypertension and the high risk patient

Chairpersons: **Kotsis V.** (Thessaloniki, Greece),
Tselepis A. (Ioannina, Greece)

1. Importance of ambulatory blood pressure monitoring
in adolescent hypertension
Pall D. (Debrecen, Hungary)

2. Childhood obesity and hypertension

Stabouli S. (Thessaloniki, Greece)

3. Diagnosis and management of resistant hypertension.
When we should perform renal denervation in
hypertension management

Tziomalos K. (Thessaloniki, Greece)

4. Guidelines of treatment with anticoagulant treatment
in chronic atrial fibrillation

Tselepis A. (Ioannina, Greece)

5. The role of combination therapy and single pill
combinations in hypertension. Triple combination in
hypertension. When?

Kotsis V. (Thessaloniki, Greece)

6. The role of multiple drug combination therapy versus
single pill combinations in type 2 diabetes

Nilsson P. (Malmö, Sweden)

STATE OF THE ART LECTURE

Does stratification of total risk help the management of
hypertensive patients?

Zancetti A. (Milan, Italy)

GENERAL INFORMATION

Congress Secretariat

PRAXICON

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E-mail: info@praxicon.gr – Website: www.praxicon.gr

Registration

Physicians 100 €

Trainees 50€

Undergraduate Students Complimentary Entrance

Official Congress Website:

<http://www.praxicon.gr/hypertension.html>

Certificate of Attendance

Certificate of Attendance will be provided upon request at the registration desk at the end of the Symposium, providing the badge.

CME-CPD Credits will be provided by the Pan-Hellenic Medical Association.

Language

The official language of the Symposium is English.